

## July 2024 Newsletter

### Knoxville Figure Skating Club

[KnoxSkating@gmail.com](mailto:KnoxSkating@gmail.com) [Knoxvillefigureskatingclub.org](http://Knoxvillefigureskatingclub.org)

Dear KFSC member,

Welcome to Summer!

Thank you to everyone who enjoyed the picnic, the aerial class, and Adaptive Sports Day.

If you are having trouble logging your hours into Entryeeze, please email [knoxskating@gmail.com](mailto:knoxskating@gmail.com) and we can assist in logging your hours. All club members must meet a minimum number of volunteer hours to be considered in good standing. Consider volunteering at the July competition to fulfill your volunteer hours early.

Please consider joining a committee. The Fundraising, Competition, and Show Committees are all in need of members.

Thank you to everyone who sent us photos. If you have any pictures, especially completion or testing, or member recognitions, or event ideas please submit them to the club email. It is very much appreciated that more people are submitting photos for the newsletter and social media.

Thank you,  
The KFSC Board

Do you know your board members?

Lori Clark (President)  
Jenny Payne (Vice President)  
Robert Darby (Secretary)  
Kami Potts (Treasurer)  
Jennifer Rohrig  
Sonia Allan  
Amanda Olig  
Abby Pace  
Elizabeth Robinson

Please see [Knoxvillefigureskatingclub.org](http://Knoxvillefigureskatingclub.org) for more information and for KFSC forms. Documents on the website include by-Laws, Financial Statements, Board Meeting Minutes, Junior Board application, Testing Handbook and blank Skater Resume forms.

### Upcoming Events:

**Virtual Testing- The 1<sup>st</sup> of every month (except July and August) (video within 14 days)**

**July 5 – Late registration deadline for the Smoky Mountain Classic**

**July 8 Shirt order deadline**

**July 19-21 – Smoky Mountain Classic and Test Sessions**

**Dec. 1 – Board Election**

**Dec. 16 - Christmas Show**

**January 4 - Skater Resumes are due**

**Feb TBD – Banquet**

#Knoxvilleloudandproud



KnoxvilleFigure Skating Club.org

Club Merchandise  
<https://www.personaliteez.com/Knoxville-FSC-s/2310.htm>

# Registration is Open



**Smoky Mountain Classic**

Knoxville Figure Skating Club

**JULY 19-21, 2024.**

**LOCATED AT COOL SPORTS**

- **OPEN NON-QUALIFYING COMPETITION**
- **ALL LEVELS OFFERED, AND THERE WILL BE A TEST SESSION**
- **REGISTER THROUGH ENTRYEEZE (DEADLINE: JUNE 19, 2024)**

[https://urldefense.com/v3/\\_https://comp.entryeeze.com/Home.aspx?cid=257\\_!!Dsthdr1F7A!AyiWh-AW8-6atmBpYtigwXgVs3kPeLWa2aA-jWWvBi-BAXSIG30r658OI2-86uqUCqEEg9J0YLOixt\\_Mfw\\$](https://urldefense.com/v3/_https://comp.entryeeze.com/Home.aspx?cid=257_!!Dsthdr1F7A!AyiWh-AW8-6atmBpYtigwXgVs3kPeLWa2aA-jWWvBi-BAXSIG30r658OI2-86uqUCqEEg9J0YLOixt_Mfw$)

Do you like seeing photos in the newsletter? Please submit your photos to [knoxskating@gmail.com](mailto:knoxskating@gmail.com)



## Congratulations to our skaters who tested!

June 1, Knoxville Figure Skating Club

**Sora Imai** – Pre Gold Skating Skills

**Isabella Miller** - Silver Skating Skills

**Madeleine Darby** – Preliminary Singles





Congratulations to our skaters who competed.

**Southport Summer Classic, Pleasant Prairie , WI June13-15**

Instagram ♡ 🗨

tommysteenber and 2 others  
Pleasant Prairie RecPlex Follow



♡ 🗨 📌 ⋮

213 likes  
coach\_jeremyallen Southport Competition- Gold in ALL LEVELS (Pre-Juv - Senior)! 🏆. Big congrats to all of our Athletes who competed. Big steps forward for many of our skaters leading into this competitive season.  
@denise.myers.144 @tommysteenber @coach\_jeremyallen @twinrinks @renzaskates @alexaskatess @amelija\_godo @snow.3j #usfigureskating #figureskating #hardwork

13-36 Novice Women						
Short Program		Free Skat		Total Score		
Place	Start	Name	Place	Score	Place	Score
1	16	Amelija Godo, Knoxville FSC	5	34.79	1	71.89
2	19	Chloe Leanne, Chicago FSC	1	41.76	5	63.34
3	18	Anna Bagmonova, Skokie Valley SC	4	28.14	2	68.81
4	12	Tamari Shirohara, Chicago FSC	7	32.11	3	64.82
5	17	Isabella Delcourt, DuPage FSC	2	37.31	8	58.71
6	11	Polina Maslov, Great Lakes FSC	9	31.00	4	63.54
7	14	Alysa Hess, Northern Kra SC	6	28.26	7	58.90
8	15	Natalia Kurtz, Skokie Valley SC	10	30.15	6	61.35
9	10	Isabel Dockel, Great Lakes FSC	8	31.01	9	59.35
10	8	Valerika Akhmetov, Northern Kra SC	12	27.21	10	51.08
11	5	Camille Hutchinson, Skokie Valley SC	11	28.64	13	50.25
12	7	Avery Leavel, Skokie Valley SC	15	25.17	12	50.45
13	6	Emily Shan, Skokie Valley SC	14	28.23	14	48.39
14	2	Sofia Nikolova, DuPage FSC	16	24.78	15	49.31
15	3	Anna Durman, Skokie Valley SC	13	18.21	11	51.86
16	9	Shylah Smith, Wagon Wheel FSC	13	27.08	17	35.83
17	4	Zoe Tawkin, Skokie Valley SC	17	27.53	16	36.47
WD		Emma Chen, Skokie Valley SC	3	28.29		
WD		Dana Stephany, DuPage FSC	18	18.60		
WD		Hana Polonski, Wagon Wheel FSC				
WD		Rosemary Johnson, DuPage FSC				
WD		Veronika Azarova, Greenwood FSC				

WD Withdrawn

Officials	
Function	Name
Judge 1	Jennifer Chen, Canas, WA
Judge 2	Carolyn Clausius, Sun Prairie, WI
Judge 3	Kathleen Krieger, Reno, NV
Judge 4	Lynn Lightfoot, Crystal Lake, IL
Judge 5	Christy Williams, Pembroke Pines, FL
Judge 6	Cheryl Wynkoop Klesnar, Westchester, IL
Referee	Brenda Kicketz, Charlotte, NC
Technical Controller	Richard Ferris, Mountain View, CA
Technical Specialist 1	David Samson, Park Ridge, IL
Technical Specialist 2	Kristen Underwood, Sanford, FL

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Friday, Jun 14, 2024, 08:32 PM Central Daylight Time



**Southport Summer Classic**

June 13-15, 2024

RecPlex Ice Arena  
Pleasant Prairie, WI



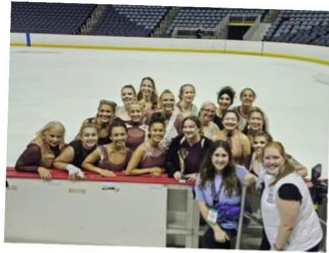
Chesapeake Open, Laurel, MD, June 19-22



## National Theatre on Ice – Evansville, IN June 25-29

Our own Cleo De Jesus and Daren Patterson participated in National Theatre on Ice in Evansville Indiana. respectively as a competitor and a Referee/Judge.

This is what Cleo had to say about it “ This was my 8th season with River City Ice Theatre. I’ve skated on RCIT’s junior teams, open teams, and adult teams and have loved every season. Last time Evansville hosted TOI nationals my open team had won our second national medal so it was extremely special to be back on home ice with girls I’ve skated with my whole life and our newest members. After skating both programs we finished in 6th and won the special award for best reimagined work. I’m so proud of this team and can’t thank our coaches, Christin Thompson and Aerial De Jesus, enough. I can’t wait for another season! “





## Camps and Events

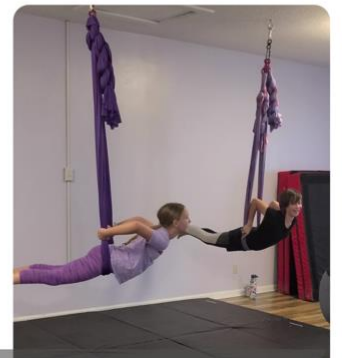
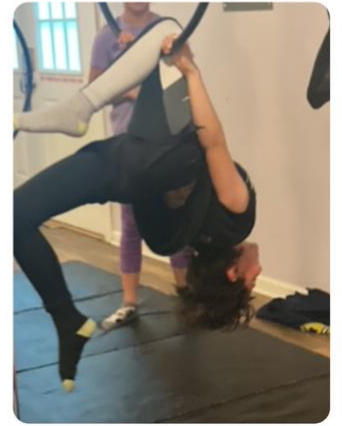
### Camp Ultraviolet, Nashville, TN June 3-7

Sarah Edmonds and Kinsley Robinson attended Camp Ultraviolet in Nashville





# Elevation Arts June 15





# 2024 Ice Dance Camp (Invite only), Laurel, MD June 21-24

Congratulations to Tait Light and his partner Maggie on being invited to participate in USFS Ice Dance Camp!



PIC•COLLAGE



Summer Picnic June 23, the Cove at Concord Park

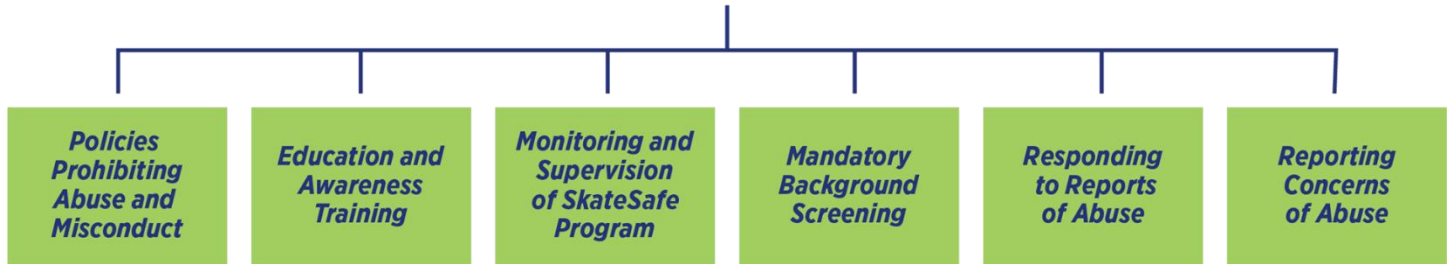




# Adaptive Sports Day – June 29th



**SafeSport Certifications must be renewed each membership year.**



**The USFS program is called Skate Safe but the certification is still SafeSport.**

The renewal is shorter than the initial certification. Current certifications and memberships expire in June.

**Every adult member must be Safe Sport certified. If the member is under 18, an adult family member must be Safe Sport certified.** You must login to <https://usfsaonline.org/> and click on the Skate Safe Logo

We are interested in keeping our children safe both physically and emotionally.

<https://www.tn.gov/content/dam/tn/education/students/Physical-Activity-Should-Not-Be-Used-as-Punishment-and-or-Behavior-Management.pdf>



# 10 Rules Elite Athletes Follow in Champion Cultures //

@SPORTSFOODANDMENTALHEALTH

1. If you're on time, you're late.
2. Come prepared mentally & physically.
3. Bring the right attitude.
4. Be Coachable -by listening & being respectful.
5. If you don't understand, ask the question. You're not the only one.
6. Have good sleep habits.
7. Don't complain.
8. Put in the extra work needed.
9. Pay attention to your nutritional needs- fuel your body.
10. Have open communication with coaches & players.



Are you interested in KFSC apparel?

<https://www.personaliteez.com/Knoxville-FSC-s/2310.htm>

Competition Shirts will be sold on Entryeeze.

[https://urldefense.com/v3/https://comp.entryeeze.com/Home.aspx?cid=257;!!Dsthdr1F7A!AyiWh-AW8-6atmBpYtigwXgVs3kPeLWa2aA-jWWvBi-BAXSIG30r658OI2-86uqUCqEEg9J0YLOixt\\_Mfw\\$](https://urldefense.com/v3/https://comp.entryeeze.com/Home.aspx?cid=257;!!Dsthdr1F7A!AyiWh-AW8-6atmBpYtigwXgVs3kPeLWa2aA-jWWvBi-BAXSIG30r658OI2-86uqUCqEEg9J0YLOixt_Mfw$)

### Adult Crew Neck Sweatshirt \$40

**\*\*Competitor names will be listed on back**

Size	XS	S	M	L	XL	XXL	XXXL
HEIGHT	5'0"	5'3"	5'6"	5'9"	6'0"	6'3"	6'6"
WEIGHT	100	125	150	175	200	250	300
CHEST CIRCUMFERENCE	32"	34"	36"	38"	40"	44"	48"
SLAVEE LENGTH	25"	26"	27"	28"	29"	30"	31"

### Youth Crew Neck Sweatshirt \$40

**\*\*Competitor names will be listed on the back**

Size	XS	S	M	L	XL
HEIGHT	4'0"	4'4"	4'8"	5'0"	5'4"
WEIGHT	50	60	70	80	90
CHEST CIRCUMFERENCE	28"	30"	32"	34"	36"
SLAVEE LENGTH	20"	21"	22"	23"	24"

### Adult Hoodies \$50

**\*\*Competitor names will be listed on back**

Size	S	M	L	XL	XXL	XXXL
HEIGHT	5'0"	5'3"	5'6"	5'9"	6'0"	6'3"
WEIGHT	125	150	175	200	250	300
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CHEST CIRCUMFERENCE	28"	30"	32"	34"	36"
SLAVEE LENGTH	20"	21"	22"	23"	24"

### Adult Tee \$30

**\*\*Competitor names will be listed on back**

Size	S	M	L	XL	XXL	XXXL
HEIGHT	5'0"	5'3"	5'6"	5'9"	6'0"	6'3"
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WEIGHT	50	60	70	80	90
CHEST CIRCUMFERENCE	28"	30"	32"	34"	36"
SLAVEE LENGTH	20"	21"	22"	23"	24"





## Junior Board

Abby, Catey, Janie, Jessie, Kenli, Kylee, Nikki, and Sora,.

### Elected officers of the 2023-2024 Junior Board!

**President: Catey**

**Vice President: Abby**

**Secretary: Kenli**



**Jr Board has several events planned. Let us know if you need service hours.**

The Junior Board has been established to create a voice for the skating members of KFSC and to connect the skaters to the Board of Directors, coaches and parents. Members of the Junior Board, will share a passion for skating and serving the KFSC community. Members of the Junior Board, will help foster a fun, positive, welcoming, and supportive environment. All high school students are encouraged to submit an application.

**Remember to check out [Knoxfigureskating](#) on Instagram.**

Junior Board will be volunteering at Young Williams Animal Shelter again. All skater 12 and up are invited to volunteer. Please tell a board or Jr board member if you are interested.

They made treats and toys and interacted with some of the animals up for adoption.

## Registration links

Cool Sports Classes Register on the Cool Sports website -

<https://coolsportstn.com/>

Learn to Skate

Aspire



To search for competitions

Entryeze - <http://www.entryeze.com/>

USFS EMS - <https://m.usfigureskating.org/account/login?url=%2Fems%2F>

USFS Competition information, including program requirements - [Compete | U.S. Figure Skating \(usfigureskating.org\)](https://www.usfigureskating.org/Compete)

## **Competitions**

July 11, 2024 - July 14, 2024

Troy Summer Competition - Troy Skating Club

July 19- July 21, 2024

Smoky Mountain Classic – Knoxville Figure Skating Club

July 26 – Charleston Open, North Charleston, SC

August 2- August 4, 2024

Scott Hamilton Invitational – Scott Hamilton Skating Club

August 18 2024 – North Georgia Classic, Cumming, GA

August 23 2024 – Atlanta Open – Alpharetta, GA

September 6 2024 – John Smith Memorial – Indian Trail, NC

September 13, 2024 - September 15, 2024

Southern Indiana Ice Classic - Greater Evansville



The full U.S. qualifying season and domestically held international events calendar can be viewed below:

**2024 U.S. Collegiate Championships and Invitational**

Dates: July 18-20, 2024

Location: Richfield, Minnesota

Venue: Richfield Ice Arena

Host: St. Paul FSC

**2024 Cranberry Cup International (Challenger Series – Singles Only)**

Dates: August 8-11, 2024

Location: Norwood, Massachusetts

Venue: Tenley E. Albright Performance Center

Host: The Skating Club of Boston

**2024 John Nicks Pairs Challenge International (Challenger Series – Pairs Only)**

Dates: Sept. 3-4, 2024

Location: New York, New York

Venue: Sky Rink at Chelsea Piers

Host: The Skating Club of New York

**2024 Skate America**

Dates: October 18-20, 2024

Location: Allen, Texas

Venue: Credit Union of Texas Event Center

Host: U.S. Figure Skating

**2025 Eastern Sectional Singles and U.S. Pairs Final**

Dates: Nov. 11-17, 2024

Location: Norwood, Massachusetts

Venue: Tenley E. Albright Performance Center

Host: The Skating Club of Boston

**2025 Pacific Coast Sectional Singles Final**

Dates: Nov. 11-17, 2024\*

Location: Ogden, Utah

Venue: The Ice Sheet

Host: Wasatch FSC

**2025 Midwestern Sectional Singles & U.S. Ice Dance Final**

Dates: Nov. 18-24, 2024\*

Location: Plano, Texas

Venue: Children's Health StarCenter

Host: Dallas FSC

**2025 Prevagen U.S. Figure Skating Championships**

Dates: Jan. 20-26, 2025

Location: Wichita, Kansas

Venue: INTRUST Bank Arena

Host: U.S. Figure Skating/Visit Wichita

**2025 Eastern Synchronized Skating Sectional Championships**

Dates: Jan. 20-26, 2025\*

Location: Hershey, Pennsylvania

Venue: Giant Center

Host: Hershey FSC

**2025 Midwestern Synchronized Skating Sectional Championships**

Dates: Jan. 27-Feb. 2, 2025\*

Location: Kalamazoo, Michigan

Venue: Wings Event Center

Host: Greater Kalamazoo Skating Association

**2025 Pacific Coast Synchronized Skating Sectional Championships**

Dates: Jan. 31-Feb. 2, 2025

Location: Irvine, California

Venue: Great Park Ice and FivePoint Arena

Host: All Year FSC

**2025 U.S. Synchronized Skating Championships**

Dates: Feb. 26-March 1, 2025

Location: TBD

**2025 Eastern Adult Figure Skating Sectional Championships**

Dates: March 14-16, 2025

Location: Indian Trail, North Carolina

Venue: Extreme Ice Center

Host: Carolinas FSC

**2025 Pacific Coast Adult Figure Skating Sectional Championships**

Dates: March 14-16, 2025

Location: Paramount, California

Venue: Paramount Iceland

Host: Los Angeles FSC

**2025 Midwestern Adult Figure Skating Sectional Championships**

Dates: TBD

Location: TBD

**ISU World Figure Skating Championships 2025**

Dates: March 23-30, 2025

Location: Boston, Massachusetts

Venue: TD Garden

Host: U.S. Figure Skating/The Skating Club of Boston

Tickets: Available at [www.isuworlds2025.com](http://www.isuworlds2025.com)

**2025 Prevagen U.S. Adult Figure Skating Championships**

Dates: March 31-April 5, 2025

Location: St. Louis Park, Minnesota

Venue: The Rec Center

Host: Twin City Figure Skating Association

\*The dates of this event will occur within this date range. Exact dates will be finalized closer to the registration deadline.